

MacAttack 5K
 June 25, 2006
 Rochester, Minnesota

OVERALL RESULTS

Place	Name	Age	S	City	St	Time	Pace
=====	=====	===	=	=====	==	=====	=====
1	Scott Fiksdal	23	M	Rochester		15:50	5:06
2	Brett Carroll	26	M	Rochester		16:31	5:19
3	Phillip Laird	24	M	Rochester	MN	17:22	5:36
4	Nick Payne	35	M	Rochester	MN	17:39	5:41
5	Brendan Sherman	19	M	Rochester	MN	17:43	5:42
6	Thomas Thornton	16	M	Byron	M	17:47	5:44
7	Julie Nelson	33	F	Eyota	MN	17:48	5:44
8	Alexander Thornton	16	M	Byron	M	18:11	5:52
9	Tom O'Hara	31	M	St. Charles	MN	18:21	5:55
10	Mike Resman	16	M	Rochester		18:44	6:02
11	Tom Woo	47	M	Rochester		19:04	6:08
12	Sharon Stubler	41	F	Minnetonka		19:10	6:10
13	Mark Fruend	15	M	Rochester		19:14	6:12
14	Scott Helt	38	M	Rochester	MN	19:39	6:20
15	Dan Strain	35	M	Rochester	MN	19:44	6:21
16	Rachel Pedersen	25	F	Rochester		19:53	6:24
17	Gary Dutton	47	M	Rochester		20:07	6:29
18	Robert Strange	31	M	Woodbury	M	20:08	6:29
19	Thomas Carr	14	M	Rochester	MN	20:16	6:32
20	Wally Arnold	46	M	Rochester		20:21	6:33
21	Darlene Duncan	26	F	Rochester		20:37	6:38
22	Matthew Camrud	27	M	Rochester		20:46	6:41
23	Jeff Wibben	45	M	Rochester	MN	20:53	6:44
24	Travis McKenzie	27	M	Rochester	MN	20:54	6:44
25	Scott Nemec	25	M	Rochester	MN	20:57	6:45
26	Drew Ferrier	13	M	Dover	M	21:02	6:47
27	James Rosane	29	M	Oronoco	MN	21:06	6:48
28	Mike Brookman	32	M	Mantorville	M	21:08	6:48
29	Jordan Krahn	16	F	Fargo	N	21:14	6:50
30	John Brown	62	M	Kenyon		21:17	6:51
31	Mike Schmitt	29	M	Rochester		21:18	6:52
32	Chad Nelson	33	M	Eyota	MN	21:35	6:57
33	Darren Carney	29	M	Rochester	MN	21:45	7:00
34	Mike Gyarmaty	38	M	Rochester	MN	21:47	7:01
35	Josiah Faas	21	M	Rochester	MN	21:48	7:01
36	Jeff Erickson	50	M	St. Paul		21:49	7:02
37	Claire Schreiber	20	F	Rochester		21:54	7:03
38	Jackie Hurtis	15	F	Rochester	MN	21:56	7:04
39	Katie Richards	13	F	St. Charles	MN	21:59	7:05
40	Eric Mortenson	28	M	Rochester	MN	22:00	7:05
41	Cornelius Groenewan	28	M	Rochester	MN	22:04	7:06
42	Jeff Van Heuklon	46	M	Rochester		22:17	7:11
43	Brittany Raddatz	16	F	Rochester	MN	22:20	7:12
44	Kelly Hurtis	15	F	Rochester	MN	22:21	7:12
45	Tom Michal	39	M	Rochester	MN	22:26	7:14
46	Hirohito Kita	48	M	Rochester		22:28	7:14
47	Erik Durand	20	M	Winona	M	22:31	7:15
48	Ben Ellis	30	M	Rochester		22:32	7:15
49	Jessica Larson	25	F	Hermantown		22:36	7:17
50	Deb Krause	42	F	Rochester	MN	22:41	7:18
51	Lisa Finstuen	36	F	Eyota	MN	22:44	7:19
52	Ellen Larson	39	F	Rochester	MN	23:03	7:26

53	Steve Ecklund	47	M	Oronoco	MN	23:10	7:28
54	Liz Keating	19	F	St. Cloud	MN	23:13	7:29
55	Eric Fredrickson	20	M	Rochester	MN	23:15	7:29
56	Danika Nelson	30	F	Rochester		23:17	7:30
57	Tyrel Clark	24	M	Eyota	MN	23:19	7:31
58	Sarah Richards	20	F	Winona	M	23:19	7:31
59	Jackie Thompson	27	F	Rochester		23:24	7:32
60	Jessie Husmann	13	F	Rochester		23:24	7:32
61	Jessi Nash	20	F	Rochester		23:25	7:32
62	Bobby Choi	35	M	Rochester	MN	23:27	7:33
63	Melanie Glynn	38	F	Rochester		23:30	7:34
64	Connor Wade	16	M	Rochester	MN	23:41	7:38
65	Charron McLeod	38	F	Rochester	MN	23:44	7:39
66	Bill Joppa	44	M	Rochester	MN	23:46	7:39
67	Kate Holcomb	29	F	Rochester		23:48	7:40
68	Rick Vande Loo	36	M	Stewartville		23:50	7:41
69	Ray Murray	51	M	Rochester		23:54	7:42
70	Mary Haen	49	F	Rochester		23:55	7:42
71	David Alexandre	11	M	Rochester		23:57	7:43
72	Lindsay Duda	26	F	Rochester	MN	23:57	7:43
73	Donny Holcomb	29	M	Rochester		23:59	7:44
74	Dennis Schreiber	55	M	Rochester		24:02	7:45
75	Marissa Torgerson	20	F	Stewartville	M	24:10	7:47
76	Cathy Bettermann	21	F	Rochester		24:10	7:47
77	Justin Friedrich	10	M	Chatfield	MN	24:19	7:50
78	James Allen	13	M	Rochester	MN	24:28	7:53
79	Darren Spreiter	36	M	West Concord	M	24:29	7:53
80	Jenna Hughes	19	F	Alcester	S	24:31	7:54
81	Rick Lommen	41	M	Onalaska	W	24:34	7:55
82	Douglas Husmann	52	M	Rochester		24:50	8:00
83	Twyla Witeli	27	F	Rochester		24:53	8:01
84	Shelley Boettcher	24	F	Byron		24:59	8:03
85	Joe Valdivia	65	M	Owatonna	MN	25:14	8:08
86	Mark Dively	50	M	Rochester		25:14	8:08
87	Susan Powers	55	F	Rochester	MN	25:24	8:11
88	Sheri Spreiter	30	F	West Concord	M	25:25	8:11
89	Nina Bren	49	F	Chatfield	MN	25:27	8:12
90	Katie Schneider	24	F	Adams		25:33	8:14
91	Masami Kita	46	F	Rochester		25:35	8:14
92	Elena Grimm	20	F	Winona		25:37	8:15
93	Chad Couser	8	M	Rochester	MN	25:37	8:15
94	Greg Couser	37	M	Rochester	MN	25:38	8:15
95	Stephanie Joppa	17	F	Rochester	MN	25:42	8:17
96	Carrie Benson	16	F	Rochester		25:42	8:17
97	Sandra Dalquist	65	F	Rochester		25:45	8:18
98	Steve Nelson	48	M	Kasson		25:46	8:18
99	Hadi Berbari	9	M	Rochester		25:52	8:20
100	Rosemary Harnly	59	F	Red Wing	M	26:00	8:22
101	Kit Hawkins	51	F	Rochester	MN	26:07	8:25
102	Frank Harreld	30	M	Rochester	MN	26:14	8:27
103	Dany Berbari	6	M	Rochester		26:22	8:29
104	Elie Berbari	39	M	Rochester		26:22	8:30
105	Pam Seebach	46	F	Rochester		26:29	8:32
106	Jenny Bass	22	F	Rochester		26:33	8:33
107	Stacy Gjere	22	F	Rochester		26:38	8:35
108	Sue Rubow	41	F	Rochester		26:46	8:37
109	Julie Thelen	12	F	Rochester		26:49	8:38
110	Esme Bengsten	11	F	Rochester	MN	26:52	8:39
111	Catherine Cook	44	F	Rochester	MN	26:55	8:40
112	Tom Brownlow	54	M	Rochester		27:03	8:43

113	Carol Gordon	55	F	Wabasha	M	27:06	8:44
114	Therese Schumacher	37	F	Rochester	MN	27:12	8:46
115	Jennifer Conzemius	25	F	Rochester		27:16	8:47
116	Cathy Stone	38	F	Stewartville	M	27:20	8:48
117	Roger Chevalier	64	M	St.Cloud		27:25	8:50
118	Kelly Krahn	10	F	Fargo	ND	27:25	8:50
119	Emily Heetland	20	F	Rochester		27:32	8:52
120	Greg Heetland	46	M	Rochester		27:32	8:52
121	Kari Kaczmarek	23	F	Rochester	MN	27:35	8:53
122	Zoe Harvey-Ellis	31	F	Rochester		28:09	9:04
123	Hannah Stroebel	13	F	Rochester		28:13	9:05
124	Carley Nelson	13	F	Rochester	MN	28:19	9:07
125	Michael Shaw	41	M	Rochester		28:22	9:08
126	Marie Torkelson	51	F	Cannon Falls		28:26	9:09
127	Steve Norton	48	M	Rochester		28:28	9:10
128	Jessica Eber-Stark	25	F	Cannon Falls	M	28:39	9:13
129	Cathy Stroebel	45	F	Rochester		28:40	9:14
130	Ryan Saltness	10	M	Rochester		28:43	9:15
131	Jacque Saltness	41	F	Rochester	MN	28:43	9:15
132	Alissa Baumgartner	25	F	Rochester	MN	28:44	9:15
133	Janna Strange	30	F	Woodbury	M	28:45	9:16
134	Jason Walter	35	M	Oronoco		28:48	9:16
135	Sasan Wigersma	30	F	Hayfield	M	28:59	9:20
136	Christina Klein	29	F	Byron	M	28:59	9:20
137	Jenny Kramersmeier	27	F	Buffalo Center	I	29:04	9:22
138	Ian Bryan	11	M	Rochester		29:12	9:24
139	Esther Babady	29	F	Rochester	MN	29:16	9:25
140	Kim Bryan	51	M	Rochester		29:16	9:26
141	Carol Buntrock	43	F	Elgin	M	29:22	9:28
142	Jennifer Cozik	27	F	Rochester		29:23	9:28
143	Laura Coyle	34	F	Minneapolis	M	29:25	9:29
144	Andrea Schult	26	F	Rochester	MN	29:27	9:29
145	Chad Ellis	25	M	Stewartville	M	29:42	9:34
146	Tammy Szewczynski	29	F	Rochester	MN	29:44	9:35
147	Terry Severson	58	M	Rochester		29:45	9:35
148	Michele Buri	39	F	Racine	M	29:45	9:35
149	Monica Merrell	31	F	Rochester		29:48	9:36
150	Mikaela Thelen	10	F	Rochester		29:51	9:37
151	Sarah Kohn	39	F	Spring Valley	M	29:53	9:37
152	Gary Bruns	48	M	Rochester	MN	29:56	9:38
153	Erica Moran	26	F	Rochester	MN	29:57	9:39
154	Jessica Curran	29	F	Rochester		29:58	9:39
155	Pat Brown	69	M	Lewiston	M	30:00	9:40
156	Lydia Quint	12	F	Rochester	MN	30:01	9:40
157	Susan Hanson	45	F	Rochester		30:02	9:40
158	Paula Patterson	41	F	Rochester		30:17	9:45
159	Bill Larson	60	M	Rochester		30:21	9:46
160	Tom Meath	41	M	Rochester		30:30	9:49
161	Esta Cail	39	F	Chatfield		30:38	9:52
162	Eileen Bruns	45	F	Rochester	MN	30:38	9:52
163	Daniel Burriss	9	M	Rochester		30:43	9:54
164	Tim Burriss	46	M	Rochester		30:43	9:54
165	Tim Sikkink	38	M	Harmony	M	30:57	9:58
166	Mark Vagts	38	M	Waseca		31:00	9:59
167	Todd Wade	49	M	Rochester	MN	31:16	10:04
168	Jerry Reynolds	71	M	Rochester		31:18	10:05
169	Melanie Mathias	28	F	Rochester		31:22	10:06
170	Heather Crowe	31	F	Eyota	MN	31:35	10:10
171	Christy Noble	39	F	Spring Valley	M	31:58	10:18
172	Josie Schultz	10	F	Eyota	MN	31:58	10:18

173	Elaine Haverly	42	F	Eyota	M	32:10	10:21
174	David Sorenson	10	M	Rochester		32:15	10:23
175	Amy Tijerina	32	F	Rochester		32:22	10:25
176	Jennifer Lentz	27	F	Rochester		32:32	10:28
177	Paula Applen	29	F	Rochester		33:10	10:41
178	Jeanne Sheehy	39	F	Rochester		33:24	10:46
179	Steve Jordan	41	M	Rochester	MN	33:30	10:47
180	Lael Van Ert	38	F	Rochester		34:03	10:58
181	Jen Woodford	33	F	Rochester		34:05	10:59
182	Lisa Stone	41	F	Stewartville	M	34:53	11:14
183	Sharon Nelson	41	F	Rochester	MN	35:04	11:17
184	Lori Jay	44	F	Rochester	MN	35:05	11:18
185	Tammy Trogstad	49	F	Rochester		35:21	11:23
186	Susan Benysh	37	F	Rochester		35:22	11:23
187	Sarah Mason	24	F	Rochester		36:33	11:46
188	Lori Joppa	43	F	Rochester	MN	39:00	12:34
189	Amy Beckes	27	F	Minneapolis	MN	40:36	13:04
190	Steve Strange	59	M	Rochester		40:36	13:04
191	Angie Macken	49	F	Rochester	MN	41:05	13:14