

16th Annual Western Days Stampede

Saturday, August 14, 2010, Chatfield, MN

8:00 a.m. – 10K

9:15 a.m. – 2 mile

Plus 1 mile fun run

- Race Course** Paved, some hills, through and around Chatfield
- Entry Fee** \$15 by Aug. 12 w/t-shirt; \$20 day of race w/shirt
\$10 by Aug. 12 no shirt; \$15 day of race no shirt
(entry fee covers both 10K and 2-mile races)
Family max: \$30 no shirts, \$50 with shirts
- Registration** Registration on race day starts at 7 a.m. on Twiford Street near old elementary school and St. Mary's Catholic Church in Chatfield (1 block south of Hwy. 52)
- Awards** Trophies to top male and female in 10K and 2-mile races; medals awarded to top three finishers in the following age categories: 9 and under; 10-14; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+

Refreshments will be provided after the race.

This form can be filled out in Acrobat or Preview. Complete, print, sign and mail. One runner per form. Staple family entries together. Make check payable to Western Days Stampede. Mail to: Chris Frye, 10911 Highway 52 SE, Chatfield, MN 55923

Shirt Size:	S	M	L	XL	No shirt
10K	2 Mile	Age on 8/14/10	Male	Female	

Name

Address

E-mail address

Telephone

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by this guideline. I hereby grant full permission to use my name and any photographs, videotapes, or other record of this event for any purpose. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Rochester Track Club, the City of Chatfield, the counties of Olmsted and Fillmore, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature _____
Parent or guardian signature if under 18 years

