

# Rochester Track Club Presents the 24th Annual Spring Classic 15K & 5K Race

8:30 am, May 1, 2010

Soldier's Field Park, Rochester, MN

See [www.rochestertrackclub.com](http://www.rochestertrackclub.com) for more information.



**Entry Fees 15K & 5K:** \$14 through **April 18;** \$18 April 20- May 1  
(RTC members \$2 discount)  
Register online at Running Room or send registration form and **check payable to "RTC"** to  
RTC Spring Classic  
515 17th St. SW  
Rochester, MN 55902

**Amenities:** Optional Technical T-shirt : Add \$10 to fee  
Great finish line food!

**Awards:** Trophies to overall male & female Open & Master division winners  
Medals to 1st-3rd place finishers in age bracket divisions.  
Spring Classic 15K is an RTC Grand Prix event.

**Course:** Both race routes are certified and follow a flat, paved bike trail.

**Packet Pick-up & Registration:** **Friday, April 30th:** 5 - 8 PM - The Running Room, 711 S. Broadway, Rochester  
**Saturday, May 1st 7:15 - 8:15 AM** - Soldier's Field East (picnic shelter)

**Think**



*David W. VanDerHeyden*  
Attorney at Law-MSBA Civil Trial Specialist



## 15K & 5K REGISTRATION FORM (Please Print)



NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ EVENT ENTERING: \_\_\_5K \_\_\_15K

CITY \_\_\_\_\_ GENDER: \_\_\_M \_\_\_F RTC MEMBER: \_\_\_Yes \_\_\_No

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ BIRTH DATE \_\_\_\_\\_\_\_\_\\_\_\_\_ RACE DAY AGE \_\_\_\_\_

Optional Technical T-SHIRT (Add \$10 to registration Fee) SIZE:: \_\_\_XS \_\_\_S \_\_\_M \_\_\_L \_\_\_XL \_\_\_XXL

### Waiver

I know that running a road race is a potentially hazardous activity which could cause injury or death. By my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, and animals are not allowed in the race and I will abide by this guideline. I hereby grant full permission to use my name and any photographs, videotapes, or other record of this event for any purpose. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Rochester Track Club, the City of Rochester, the County of Olmsted, the State of Minnesota and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

\_\_\_\_\_  
(Signature) (Date) EMAIL \_\_\_\_\_  
Signature of parent/guardian required if entrant is under 18 Telephone \_\_\_\_\_

Register On-line: [www.runningroom.com](http://www.runningroom.com) or download form at [www.rochestertrackclub.com](http://www.rochestertrackclub.com)

